

fuel your body, naturally! SHAKE

NUTRITION INFORMATION

QUICK FOOD, NOT FAST FOOD!

Evolv SHAKE, available in both delectable Chocolate and ravishing Vanilla, is a delicious blend of many of the vitamins, nutrients, and minerals you need, making it the ideal meal-replacement alternative when you're working toward a slimmer, healthier you.

WHAT IS Evolv SHAKE?

Evolv SHAKE provides a flavorful and nutritious blend of many of the nutrients your body needs for optimal health, without all those fattening calories. Singly-packaged for convenience, SHAKE is easy to take to work, the gym, on the road, anywhere you need fuel without sacrificing nutrition.

HOW DOES IT WORK?

Drinking an Evolv SHAKE in the morning or at lunch satisfies your hunger while giving your body the nutrients it needs to function in tip-top shape.

You can enjoy an Evolv SHAKE mixed with water for ideal hydration, or added to a delicious fruit smoothie combined with Evolv ULTIMATE liquid suspension multi for truly comprehensive nutrition...even more than would be contained in an average meal. Evolv SHAKE also makes an ideal post-workout refresher to replenish and revitalize your body, boasting far more whole-food, bioavailable nutrition than most common electrolyte beverages.

See page 2 for complete nutrition information.

"I simply replaced my breakfast every morning. Sometimes I didn't eat or ate a bad breakfast. Now I'm eating healthy with the Shake. I feel great and am looking forward to the next Challenge and seeing how much better I can get."

— John Carmody,
Evolv Promoter



fuel your body, naturally!

SHAKE

NUTRITION INFORMATION

Chocolate:

| Nutrition Facts | |
|--|-----------------------------|
| Serving Size (30g) Servings Per Container | |
| Amount Per Serving | |
| Calories 110 | Calories from Fat 35 |
| Calories from Saturated Fat 10 | |
| % Daily Value* | |
| Total Fat 4g | 6% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| Monounsaturated Fat 1.5g | |
| Cholesterol 30mg | 10% |
| Sodium 180mg | 8% |
| Potassium 190mg | 5% |
| Total Carbohydrate 9g | 3% |
| Dietary Fiber 6g | 24% |
| Insoluble Fiber 1g | |
| Sugars 1g | |
| Protein 12g | |
| Vitamin A 35% | • Vitamin C 35% |
| Calcium 40% | • Iron 40% |
| Vitamin D 35% | • Vitamin E 35% |
| Thiamin 35% | • Riboflavin 35% |
| Niacin 35% | • Vitamin B6 35% |
| Folate 35% | • Vitamin B12 35% |
| Biotin 35% | • Pantothenic Acid 35% |
| Phosphorus 35% | • Iodine 35% |
| Magnesium 40% | • Zinc 35% |
| Copper 40% | |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | |
| | Calories: 2,000 2,500 |
| Total Fat | Less than 65g 80g |
| Saturated Fat | Less than 20g 25g |
| Cholesterol | Less than 300mg 300mg |
| Sodium | Less than 2,400mg 2,400mg |
| Potassium | 3,500 mg 3,500 mg |
| Total Carbohydrate | 300g 375g |
| Dietary Fiber | 25g 30g |
| Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4 | |

Vanilla:

| Nutrition Facts | |
|--|-----------------------------|
| Serving Size (28g) Servings Per Container | |
| Amount Per Serving | |
| Calories 100 | Calories from Fat 35 |
| Calories from Saturated Fat 10 | |
| % Daily Value* | |
| Total Fat 3.5g | 5% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Monounsaturated Fat 1.5g | |
| Cholesterol 30mg | 10% |
| Sodium 150mg | 6% |
| Potassium 105mg | 3% |
| Total Carbohydrate 9g | 3% |
| Dietary Fiber 5g | 20% |
| Insoluble Fiber 0g | |
| Sugars 1g | |
| Protein 12g | |
| Vitamin A 35% | • Vitamin C 35% |
| Calcium 40% | • Iron 35% |
| Vitamin D 35% | • Vitamin E 35% |
| Thiamin 35% | • Riboflavin 35% |
| Niacin 35% | • Vitamin B6 35% |
| Folate 35% | • Vitamin B12 35% |
| Biotin 35% | • Pantothenic Acid 35% |
| Phosphorus 35% | • Iodine 35% |
| Magnesium 40% | • Zinc 35% |
| Copper 35% | |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | |
| | Calories: 2,000 2,500 |
| Total Fat | Less than 65g 80g |
| Saturated Fat | Less than 20g 25g |
| Cholesterol | Less than 300mg 300mg |
| Sodium | Less than 2,400mg 2,400mg |
| Potassium | 3,500 mg 3,500 mg |
| Total Carbohydrate | 300g 375g |
| Dietary Fiber | 25g 30g |
| Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4 | |

Ingredients:

Whey Protein Concentrate, Polydextrose, Sunflower Oil Creamer (High Oleic Sunflower Oil, Maltodextrin, Sodium Caseinate (a milk derivative) Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Sodium Silicoaluminate, Tocopherols), [CHOCOLATE: Cocoa Powder (processed with alkali)], Isolated Soy Protein, Natural and Artificial Flavors (Contains: [CHOCOLATE: Enzyme-Modified Cocoa Butter], [VANILLA: Dextrose and Corn Starch]), Dicalcium Phosphate, BevGrad (Flax Powder), Maltodextrin (Soluble Dietary Fiber), MCT Oil Creamer (Medium Chain Triglycerides, Nonfat Dry Milk), Magnesium Oxide, Cellulose Gum, Salt (Sodium Chloride), Rice Protein Concentrate, Pea Protein, Sucralose, Ascorbic Acid (Vitamin C), dl-Alpha Tocopheryl Acetate (Vitamin E), Cha'de bugre, Biotin, Acesulfame Potassium (Ace-K), Niacinamide (Niacin), Zinc Oxide, Vitamin A Palmitate, Electrolytic Iron, Copper Gluconate, Calcium Pantothenate (Pantothenic Acid), Cholecalciferol (Vitamin D3), Pyridoxine HCl (Vitamin B6), Riboflavin (Vitamin B2), Thiamine Mononitrate (Vitamin B1), Cyanocobalamin (Vitamin B12), Folic Acid, Potassium Iodide.

Promotional material is for US Distribution only.

