

..... T S A W W A S S E N A T H L E T I C C L U B

Buns of Steel Fitness Queen Comes to Vancouver!

AS SEEN ON GLOBAL TV NEWS



FRIDAY JANUARY 20

9:15 am — Everyone welcome

1:00 pm — Special event for Trainers & Staff:

Promoting the Challenge!

Tsawwassen Athletic Club

19 – 1835 56th Street Tsawwassen

604-943-4435

infotsw@fitwells.ca

FRIDAY JANUARY 20

7:00 to 9:30 pm — HUGE e84 Showcase Event

Delta Town & Country Inn

6005 Hyw 17 & Hyw 99

Delta BC

SATURDAY JANUARY 21

8:00 am — Everyone welcome

Fitwells / Coquitlam

3000 Christmas Way

Coquitlam BC

604-945-5135

infocoq@fitwells.ca

SATURDAY JANUARY 21

11:00 am — Everyone welcome

Fitwells / Maple Ridge

22441 Dewdney Trunk Road

Maple Ridge BC

604-466-9944

infomr@fitwells.ca



Fitness Hall-of-Famer Tamilee Webb
Icon of the Buns and Abs of Steel Series
(over 10 million copies sold worldwide)